

## Clinical Practicalities of Immunotherapy

This information sheet includes some questions that you may want to discuss with your healthcare team. Although some general responses are provided, the sheet gives you space to write down the specific details and information that your healthcare team tells you. Space is provided for additional questions. Keep this sheet with you so that you can review the information at your next appointment and can add additional details if anything changes.

You can expect to be given additional information about side effect management from your healthcare team.

Immunotherapy can help slow or prevent the growth of the cancer and can also shrink the tumour. Instead of killing cancer cells directly, immunotherapy helps the body's own natural defense system (the immune system) become better at detecting and destroying cancer cells. This increases the chances that your lung cancer will be eliminated. Your treatment will use an immunotherapy agent called durvalumab.

### How is treatment administered?

Durvalumab will be given to you in the hospital or clinic under the supervision of an experienced healthcare professional. Your healthcare professional will give you durvalumab through an intravenous infusion into your vein for about 60 minutes.

Durvalumab is given every two weeks.

Your doctor will decide how many treatments you need.

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### How often will I need to go to the hospital/clinic/infusion centre?

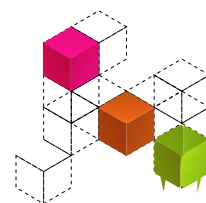
You will typically need to go to the hospital/clinic/infusion centre once every two weeks for a year to receive your immunotherapy infusion. You may need to go more often for visits with your medical oncologist or nurse to manage side effects.

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## How will I know if immunotherapy is working?

Your healthcare team will do CT scans during your treatment to see how well immunotherapy is working. Your doctor will let you know when these will be scheduled.

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## Will I need additional medication?

You may receive additional medications to help you to manage any side effects you may experience. Your healthcare team will describe these to you.

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## How will this impact the activities of my daily life?

Although your treatment may impact activities of your daily life, the symptoms of untreated cancer will have a greater impact. Without treatment, patients with stage III lung cancer experience symptoms such as fatigue, pain, shortness of breath, coughing up blood, weakness, anxiety and depression. Without treatment, the disease can affect your ability to work, travel, socialize and participate in leisure and physical activities that are part of your daily life. Ask your healthcare team about how your treatment may impact you.

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## What side-effects do I have to be on the lookout for?

Not all patients will experience all side effects, and some patients may only experience minimal effects. Patients who were treated with durvalumab reported few side effects. The most common were fatigue and nausea. Some side-effects to pay attention to include: lung infection, lung inflammation, cough, rash, diarrhea and fever. Talk to your healthcare team about any side-effect you may experience.

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